

MECHANICAL TECHNICIAN









PLANNING & PREPARATION

- Breight Standards and Values
- Respect in the Workplace
- Assessing risk
- Prestart meetings
- Respect in the workplace
- JHA Training and other risk assessment tools
- Work instructions
- Workplace communication and mindset
- Work Area setup and pack-up
- PPE correct use of
- Barricading / Drop Zone / Similar Operations (SIMOPS)
- Dropped object prevention
- Suspended loads
- Isolation techniques and procedures
- Manual handling
- Vehicle inspection / load restraint and park-up
- Incident management
- Stopping the job

THE CORRECT USE OF:

- Hand-held Angle Grinders
- Rattle Guns
- Setup of air operated tooling
- Tension wrench
- Setup of extraction fans and ducting
- Setup of extension lead and other RCD Units
- Setup of welders
- Caddy Welders
- Setting up generator Sets
- Safe storage / setting up Oxy Acetylene Bottles
- Safe use of Oxy Acetylene Cutting Torch
- Wear-Max application.